MyChart Requesting Proxy Access

You need a Texas Health MyChart account to get proxy access to another patient's record. Use these instructions to get access.

- If you already have a Texas Health MyChart account, start with How to Request Proxy Access.
- To get help over the phone, call 682-236-6700.

Sign-up for MyChart

- 1. Visit **mychart.texashealth.org/mychart/signup** or scan this QR code from any mobile device.
- 2. Select "Yes" or "No" to having a MyChart Activation Code. Fill in the information.
- 3. Answer the questions to confirm your identity.
- 4. Create a username and password.
- 5. Choose your email preferences.
- 6. Review the terms and conditions. Click "Accept" to finish creating your account.

How to Request Proxy Access

1. Click "Menu."



2. Scroll down and click "Sharing Hub.'



3. Click "Give friends and family access."

Manage friends and family (proxy) access

4. Under Request Proxy Access, click the correct "Request Access" option for a minor's record or adult's record.





